

ROTARY CLUB OF NICOSIA NEWSLETTER

May 2016



“OPERA OF LOVE” AN OUTSTANDING SUCCESS!

Our long awaited “Opera of Love” musical event held at Pallas Theatre on 18 March was an outstanding success pulling in a packed house and raising over €5.390 which will be equally donated to the charity Angaliazo and the Association for the Welfare of Persons with Mental Handicap.

The Mayor of Nicosia Yiorkadjis made a speech at the event praising the continued efforts of the Rotary Club of Nicosia to serve the community with dedication and compassion, despite the difficult economic times. There was also plenty of positive press coverage generated after the event for Rotary and our Club.

A big thank you to soprano Katerina Mina who made the special trip from London to perform and to our PR Director Loria Markides for her vision, tireless efforts and passion to pull it off once again!

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Benvenuti a Palmanova!

15 Rotarians (including some spouses) from various Nicosia Rotary Clubs set off on March 30 on a wonderful and most memorable 3-day trip to Italy to meet the Rotary Club AQUILEIA-CERVIGNANO-PALMANOVA in the ancient fortress city of Palmanova. With its 9 bastions, instead of the 11 of Nicosia, the Palmanova walls, built in the 16th century, were designed by the famous Venetian military architect Giulio Savorgnan.

There was an incredible atmosphere of friendship and high spirits wherever we went, with plenty of opportunity for sightseeing, delicious Italian cuisine and Rotary fellowship.

The highlight for most was being received at the Town Hall by the Mayor of Palmanova, Francesco Martines, and a Guard of Honour at a special ceremony where President Dickran, together with the other Presidents, had the opportunity to talk about the good Rotary work we are doing in our community.



15 Rotarians set off from Nicosia



Strict geometrical lines



16th Century - Palmanova 9 bastions vs. 11 Nicosia



Always time to enjoy good Italian wine & food...



Visit to the military museum above the walls



Visit to walls and gate



Mayor Martines honours us...



Director Loria protected by guard of honour...



P Dickran talked about our activities in Cyprus



Gala dinner by RC Aquileia-Cervignano-Palmanova



Bye bye Palmanova...



Sightseeing in Venice



IN BUSINESS “LIFETIME ACHIEVEMENT AWARD” FOR PP LOUKIS PETRIDES

Congratulations to our PP Loukis Petrides who was recently bestowed with a Lifetime Achievement Award in the 2015 "In Business Awards" in Cyprus.

An exemplary Rotarian who truly believes and practices "Service Above Self" and who continues to be a dedicated Rotarian with strong attendance to meetings and events.

We had the pleasure to welcome PP Loukis at our Vino Cultura evening meeting in March and to celebrate his success in a wonderful atmosphere.

Well done PP Loukis...we're all very proud of you!

"I've been an athlete all my life, on and off the field...Rotary has always inspired me...it's a unique platform to serve, and to enjoy yourself at the same time"



MAY MESSAGE FROM RI PRESIDENT RAVI RAVINDRAN



Many years ago, in Kolkata, India, I had the chance to meet Mother Teresa. She was an incredible woman with an incredible force of personality. When she walked down the street, the crowd parted in front of her like the Red Sea. Yet when you talked to her, if you mentioned the tremendous things she had done, she almost did not engage in this topic at all. By many reports, if you asked her what her greatest achievement was, she would answer, "I am an expert in cleaning toilets."

So one day, when an elegantly dressed man came to Kolkata looking for Mother Teresa, the nuns who answered the door informed him that she was at the back of the house, cleaning the toilets. They pointed the way, and indeed he found Mother Teresa scrubbing the toilets. She said hello, assumed he was there to volunteer, and began explaining to him how to hold the toilet brush correctly and how not to waste water. Then she put the brush in his hand and left him standing there, in his expensive suit, alone in the lavatory.

Later, the man came out, found Mother Teresa again, and said, "I have finished; may I speak with you now?" "Yes, certainly," she said. He took an envelope out of his pocket and said, "Mother Teresa, I am the director of the airline, and here are your tickets. I just wanted to bring them to you personally."

That airline director told that story again and again for the rest of his life. He said those 20 minutes spent cleaning toilets had filled him with the greatest joy he had ever known – because by putting his hands to Mother Teresa's work, he became part of that work. For those 20 minutes, he cared for the sick just as she did: with his own hands, his own sweat.

That is exactly the opportunity that Rotary gives us. We might not do what Mother Teresa did – give up our lives, our homes, our families. But for 20 minutes, 20 hours, 20 days of the year, we can be like her.

We can do the work that others will not with our hands, and our hearts, and our sweat, and our devotion – knowing that what we do is the most important work in the world.



**BE A LEADER...
BE A ROLE MODEL**

President RI Ravindran visits our District...

Earlier in March our District and DG Nasereddin and his team had the pleasure to host Rotary International President Ravi Ravindran and his wife Vanathy, accompanied by Rotary International Director Safak Alpay in Jordan. During this short but highly welcome visit, the President met with members of Rotaract and Interact clubs of Jordan and had the time to tour two projects carried out by the Rotary Clubs in Jordan at the Dead Sea and in Southern Shuneh. President Ravindran commended the efforts exerted by Jordanian Rotarians saying that these projects come as a “genuine response to local community needs”. His speech to the representatives from business and industrial sectors in Jordan focused on social corporate responsibility and the role it plays in improving their businesses.

The Rotary International President’s meeting with members of District 2452 leadership focused on the role Rotarians must carry to enhance the image of Rotary through good service projects. During his press conference later in the day he urged Jordan to maintain its diligence against the threat of polio by ensuring that every single child receives the polio vaccine and he called upon all governments, across the region, and throughout the world, to finish the work that they committed to 28 years ago to have a polio-free world.

During his visit, President Ravindran also met with the Mayor of Amman, Akel Biltaji, who briefed him on different issues including the work done by the government, the private sector and the civil society to serve the refugees in Jordan who are mainly coming from Syria and Iraq.



Dr. Loizides of AKTI talks at our Club during Rotary Month Water & Conservation

Dr Michalis Loizides of the NGO AKTI made an excellent speech at our meeting at the Hilton on March 10 to explain the challenges and incredible opportunities related to water policies and conservation in Cyprus.

AKTI Project and Research Centre is a non-governmental, non-profit organisation based in Nicosia, Cyprus. It was established in 2000 by a group of experts in environmental issues and has succeeded today to create an extensive network of collaborators and volunteers for raising environmental awareness and promoting sustainable development www.akti.org.cy/



ROTARACT CLUB OF NICOSIA “TASTE OF DIVERSITY” MEGA EVENT COMING SOON...



Our Rotaractors continue to be extremely active and are preparing for a mega event called the “Taste of Diversity” to be held at the small square at the top end of Ledra/Onasagorou Street on Sunday, 12 June.

With the support of various Embassies, this unique event aims to introduce the public to the diverse culinary delights of many nations and ethnicities.

All proceeds will be going to the charity “Aspida tou Aianta” based in Larnaca which supports children and families in need. Let’s join and support them!

LOOK OUT FOR FURTHER DETAILS OF THIS EVENT COMING SOON ON THEIR FACEBOOK PAGE

Club Meeting Information

Weekly: Every Thursday, at 13:00

Place: Hilton Cyprus, Nicosia

Arch. Makarios III Ave 98, Nicosia 1077,
Tel.22377777

Once a month Club meetings will be held at
19:00 at Vino Cultura Wine & Tapas Bar

ROTARY MONTH – MAY Youth Service

In 1949, the Rotary International Board adopted the slogan “Every Rotarian an Example to Youth” as an expression of commitment to children and youth in each community in which Rotary clubs exist. Serving young people has long been an important part of the Rotary program.

Youth service projects take many forms around the world. Rotarians sponsor Boy Scout and Girl Scout troops, athletic teams, centres for disabled children, school safety patrols, summer camps, orphanages, recreation areas, safe driving clinics, county fairs, child-care centres, and children’s hospitals. Many clubs provide vocational counselling, establish youth employment programs, and promote the use of The 4-Way Test. Increasingly, drug/alcohol abuse prevention and AIDS awareness projects are being supported by Rotarians.

In every instance, Rotarians have an opportunity to be role models and mentors for the young people of their community. One learns to serve by observing others. As our youth grow to become adult leaders, it is hoped each will achieve that same desire and spirit to serve future generations.

It is the responsibility of each Rotarian to prepare the New Generations —all young people up to the age of 30 —by improving their life skills to ensure a better future, while recognizing the diversity of their needs. All clubs are encouraged to undertake projects that support the fundamental needs of the New Generations: health, human values, education, and self development.

Rotary International’s Structured Programs for New Generations are: Interact, Rotaract, Rotary Youth Leadership Awards, and Youth Exchange.

The month of September is designated as “New Generations Month” to focus on all Rotary activities that support the development of young people up to the age of 30.



Dr. Maria Gavrilina amazes members with presentation on anti-ageing and metabolic testing!

Our members and guests enjoyed an amazing speech by our Dr Maria Gavrilina at our meeting on April 14 on the importance of DNA mapping and metabolic testing to prevent cancers, for anti-ageing and general good health.

Dr Maria is one of the pioneers in her field and offers private consultancy and testing from her clinic in Nicosia. Rotarians are very welcome!



“DNA Health optimises health and wellness through gene-based personalised nutrition. It tests 23 genes involved in 7 key biological processes. The results provide individual recommendations that include: a gene-based healthy eating plan, dietary goals for relevant vitamins, minerals, phytochemicals and foods, and requirements for nutritional supplementation, where required”

CLUB PRESENTS DONATION TO THE ASSOCIATION FOR THE WELFARE OF PERSONS WITH MENTAL HANDICAP

Our Club donated the amount of €2.745 from funds raised from our highly successful "Opera of Love" to Mary Katsioloudi, Board member of the Association for the Welfare of Persons with Mental Handicap at our meeting on April 14. We wish the Association continued dedication and success!



“Festival of Love” series of fundraising events to support “Hope for Children” UNCRC Policy Center

We're very pleased to announce a series of fundraising events from May 5 - 7 to support the “Hope for Children” UNCRC Policy Center called the “Festival of Love”! Your Club and many of it's members, once again, leading in their efforts to be a Gift to the World!

The Festival culminates in a special event with entertainment for the whole family at Caffè Nero on Saturday, May 7, 15:00 - 18:00 (details below).

**ΦΕΣΤΙΒΑΛ
αγάπης**
για τη στήριξη του Οργανισμού
Hope For Children
UNCRC Policy Center

7 Μαΐου 2016 15:00 - 18:00
Caffè Nero Έγκωμης

Μια πολυεπίπεδη
φιλανθρωπική δράση
με διοργανωτές
το **Ροταριανό Όμιλο**
Λευκωσίας και
Caffè Nero για τη
στήριξη του Οργανισμού
Hope For Children
UNCRC Policy center.

Είσοδος: €5
συμπεριλαμβάνει
καφέ και κρουασάν

Ζωντανή Μουσική
Κωνσταντίνος Χρυσοστόμου (τενόρος)
Μαρία Πουλλή (σοπράνο) και
Άννη Τσιούτη (πίανο)

Ζωγραφικές Δημιουργίες
σε γυαλί και ξύλο **Δια χειρός Ελένης**

Σχέδια μικρών μαθητών του
Art Cottage Studio

Κλόουν Mr. Kapello

Ποδηλατοδρομία Ροταριανού
Ομίλου Λευκωσίας -Τερματισμός 4.15μμ

Δημοπρασία Έργων Τέχνης Κυπρίων
καλλιτεχνών στη **"The Collection Gallery"**
5 -6 Μαΐου, 15Α Λεωφ. Λεμεσού, Λευκωσία

Επίσημος
Τηλεπικοινωνιακός Παρακάσις:
cyta

Διοργανωτές:
Rotary
Club of Nicosia

CAFFÈ NERO

Live Link:
ρικ

Υποστηρίζουν:
**THE COLLECTION
GALLERY.**

“Festival of Love” kicks off first with a charity auction of artwork at The Collection Gallery...

The Rotary Club of Nicosia, The Collection Gallery and Caffè Nero are pleased to invite all our members and friends to the opening and silent auction of artwork by Cypriot artists on Thursday, May 5, 2016 at 19.00 at The Collection Gallery. The exhibition will be inaugurated by President Dickran and Gallery Director, Rebecca Tornaritis. A reception will follow with complimentary wine kindly offered by MAKKAS Winery. All proceeds from the silent auction will be donated to the NGO UNCRC Hope for Children Policy Center.



THE COLLECTION
GALLERY.



ΠΡΟΣΚΛΗΣΗ ΓΙΑ ΦΙΛΑΝΘΡΩΠΙΚΗ ΣΙΩΠΗΡΗ ΔΗΜΟΠΡΑΣΙΑ ΕΡΓΩΝ ΤΕΧΝΗΣ ΠΡΟΣ ΣΤΗΡΙΞΗ ΤΗΣ ΜΚΟ HOPE FOR CHILDREN UNCRC POLICY CENTER



Ο Ροταριανός Ομιλος Λευκωσίας, The Collection Gallery και το Καφέ NEPO έχουν την τιμή να σας προσκαλέσουν στα εγκαίνια και σιωπηρή δημοπρασία Έργων τέχνης Κυπρίων καλλιτεχνών την **Πέμπτη, 5 Μαΐου 2016 και ώρα 19.00** στη The Collection Gallery.

Τα εγκαίνια θα τελέσει ο Πρόεδρος του Ροταριανού Ομίλου Λευκωσίας, κ. Ντικράν Ουζουνιάν και η Διευθύντρια της Γκάλερι, κα Ρεβέκκα Τορναρίτη.

Θα ακολουθήσει δεξίωση με κρασί που προσέφερε το οινοποιείο ΜΑΚΚΑΣ.

Όλα τα έσοδα από τη σιωπηρή δημοπρασία θα προσφερθούν στην ΜΚΟ Hope For Children UNCRC Policy Center

THE COLLECTION GALLERY

15A Lemesos Avenue \ 2112 Nicosia, Cyprus

rebecca@thecollectiongallery.eu, maria@thecollectiongallery.eu

99 206296 \ 96785637 \ 22256663

www.thecollectiongallery.eu

Open Hours: Monday - Saturday, 10:00 am - 1:00 pm, 4:00 - 8:00 pm

PLEASE COME AND SUPPORT OUR CAUSE!



Our "Ride for Life" cycling tour to support Polio Plus

Join us on our "Ride for Life" cycling tour on Saturday 7 May, 14:30 – 16:15 to support Polio Plus!

Our cycling event, suitable for the whole family and open to the public at large, is part of a series of charitable events of the "Festival of Love" organised by our Club in order to raise funds for the Hope for Children UNCRC Policy Center. **Registrations for participation commence at Caffè Nero, Engomi from 13:30 sharp.** EUR5 per person participation fee includes a FREE safety vest.

There's no better and healthier way to spend your Saturday afternoon!

Rotary Club of Nicosia
CYCLING TOUR
ΠΟΔΗΛΑΤΙΚΟΣ ΓΥΡΟΣ

Ride for Life

Σάββατο 7 Μαΐου, 14:30, Caffè Nero Έγκωμης
Saturday 7 May, 14:30, Caffè Nero, Engomi

Εγγραφή από 13:30, €5 το άτομο
Registration from 13:30, €5 per person

Rotary Club of Nicosia
CYCLING TOUR
ΠΟΔΗΛΑΤΙΚΟΣ ΓΥΡΟΣ

Ride for Life

Ο Ροταριανός Όμιλος Λευκωσίας διοργανώνει φιλικό ποδηλατικό γύρο 14 χιλμ για όλα τα οικογένεια, με σκοπό την στήριξη του Διεθνούς προγράμματος "End Polio Now" για την εξάλειψη της πολιομυελίτιδας. Κάθε συμμετοχή, γονέων και παιδιών, είναι ένα βήμα πιο κοντά στον μεγάλο στόχο. Η ποδηλατοδρομία αποτελεί μέρος των φιλικών εκδηλώσεων του "Φεστιβάλ Αγάπης" του Ροταριανού Ομίλου Λευκωσίας, το οποίο στήριξη το πρόγραμμα "Hope for Children" UNCRC Policy Center.

The Rotary Club of Nicosia is organising a 14 km cycling tour for the whole family to support the international programme "End Polio Now". Every participation, adults and children welcome, is a step forward. The cycling tour is part of a series of charitable events of the "Festival of Love" organised by the Rotary Club of Nicosia in order to support the "Hope for Children" UNCRC Policy Center.

Σάββατο 7 Μαΐου, 14:30, Caffè Nero Έγκωμης
Saturday 7 May, 14:30, Caffè Nero, Engomi

Organizer: **Rotary Club of Nicosia**
Sponsor: **TOYOTA**

Το έργο των παιδιών θα διεκτιμήσει στο πρόγραμμα του Διεθνούς Προγράμματος για την εξάλειψη της Πολιομυελίτιδας. **END POLIO NOW**

Εγγραφή από 13:30, €5 το άτομο (δωρο ένα γιλέκο ασφαλείας)
Εκκίνηση: 14:30, Caffè Nero Έγκωμης
Τερματισμός: 16:15

Registration from 13:30, €5 per person (free safety vest)
Start: 14:30, Caffè Nero, Engomi
Finish: 16:15

Map locations: Theophrastus Institute, Ministry of Agriculture, House of Representatives, Engomi Caffè Nero, Start & Finish, Nicosia Municipality, Strovolos Municipality, The English School, Presidential Palace, European University Cyprus, Metochi Kyprianou, Nicosia Park Nicosia, Nicosia Park Nicosia, Nicosia Park Nicosia, Nicosia Park Nicosia, Nicosia Park Nicosia.

Legend: Caffè Nero, Nicosia, Strovolos / Parking Lot, Δημοτικό Λευκωσίας / Nicosia Municipality, Δημοτικό Στροβόλου / Strovolos Municipality

**MORE DETAILS ON OUR FACEBOOK PAGE!
OUR MAYORS OF NICOSIA & STROVOLOS WILL SUPPORT US AND BE THERE!
WILL YOU???**

Change of venue for 3rd District 2452 Conference in Jordan May 19-22, 2016...now at the Dead Sea!!!

Subject to popular demand, the organisers have made a change to the venue of the Conference from Amman to the award-winning Movenpick Resort & Spa Dead Sea.

The four-day conference will run on 19 - 22 May, 2016 offering participating Rotarians and guests the chance to explore a historic country, connect with other fellow members, whilst being inspired by world-class speakers.

Several of our members have already registered and there's still time to register for this amazing Rotary District Conference being prepared for us in Jordan!



Make your reservation online now for the District Conference!
www.rotaryd2452.org



**Movenpick Resort & Spa
Dead Sea**



P.E.T.S. TRAINING IN LIMASSOL FOR INCOMING PRESIDENT NICK & NADA!

Incoming President 2016-2017 Nick Paraskeva and Nada Panayiotou, Secretary 2016-2017 successfully completed the P.E.T.S. training held on 23 Apr at the St. Raphael Hotel in Limassol with the presence of Rotary District and Rotary Cyprus officers.

P Dickran was given the task to make a presentation on the roles and responsibilities of the new Presidents.

It was extremely pleasing to hear from both the DG and the Incoming DDG Iacovos Constantindes that the RC Nicosia had become the benchmark for all Rotary Clubs in Cyprus with it's recent excellent performance!



Germ reveals 'Rotary Serving Humanity' as 2016-17 presidential theme

Rotary's founder, Paul Harris, believed that serving humanity is "the most worthwhile thing a person can do," RI President-elect John F. Germ said, and that being a part of Rotary is a "great opportunity" to make that happen.

Germ unveiled the 2016-17 presidential theme, Rotary Serving Humanity, to incoming district governors on 18 January at the International Assembly in San Diego, California, USA.

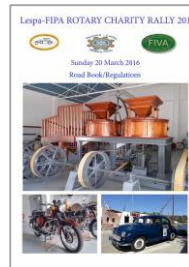
"I believe everyone recognizes the opportunity to serve Rotary for what it truly is: not a small opportunity, but a great one; an opportunity of a lifetime to change the world for the better, forever through Rotary's service to humanity," said Germ.



RC Nicosia – Ledra Charity Antique Car Rally

Presidents and members of all the Nicosia Clubs have greatly strengthened their relationships and co-operation this year, on many occasions supporting each other in many events and activities to serve our community.

The recent RC Nicosia – Ledra Charity Antique Car Rally was no exception, where our President Dickran participated in a highly enjoyable event with a 1967 Toyota Corona Mark II.



KEEP IN TOUCH WITH YOUR CLUB
"LIKE" OUR FACEBOOK PAGE NOW
www.facebook.com/RotaryClubOfNicosia

**Your
Nicosia
Rotary
Club
Board
Ready
to
Serve!**

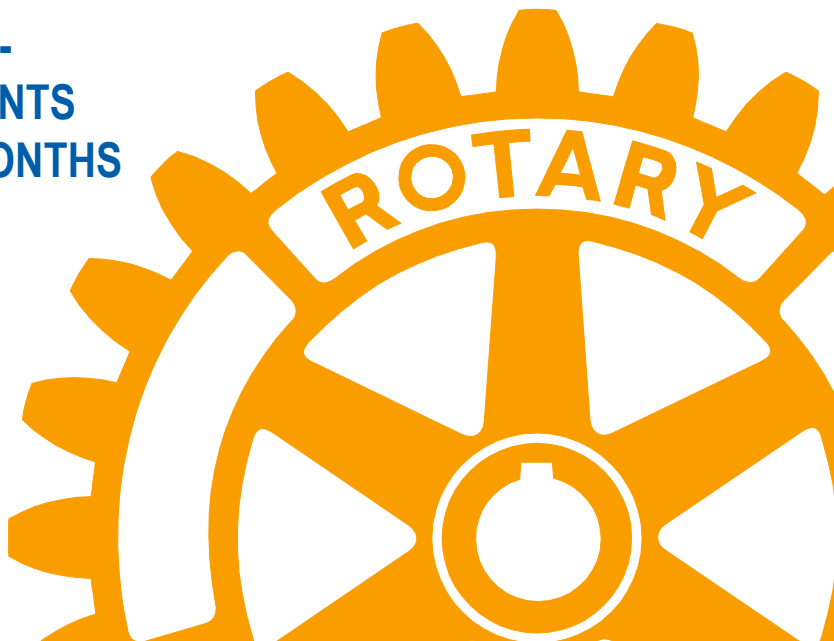
POSITION	NAME	TEL.	MOBILE	E-MAIL
President	Dickran A. Ouzounian	22400000	99609626	Dickran.Ouzounian@toyota-cyprus.com
Past President	Robert Stambouli	22318388	99400952	robert@stambouli.com
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Club Secretary	Nada Panayiotou	22660482	99405812	n.panayiotou@atlantis-consulting.eu
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Director Club Administration	Andreas Psaras		97770772	psaras.a@cytanet.com.cy
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Director Club Membership	Andri Kalopetrides	22673801	99357657	andri@fci.com.cy
Director Public Relations	Loria Markides	22439819	99322230	loria@cmarkides.info
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Director Rotary Foundation	Mike Johnson	22513835	99669902	mamaji@cytanet.com.cy
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Special Advisors to the Board	Anthony Ashiotis	22455455	99440060	ashiotis@ashiotis.com.cy
	Maria Christopoulou		99660809	kdg@cytanet.com.cy
	Yioula Papakyriacou	22472717	99427980	yioula@ypmbusinessconsultants.com

ROTARY CLUB OF NICOSIA - CALENDAR OF MAJOR EVENTS FOR THE REMAINING RY MONTHS

As you've noticed we still have a packed and vibrant programme for our members for the rest of the Rotary year.

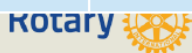
There's plenty for everyone to engage with the Club with, have fun and offer service to the community.

Don't be left out! Join us, you'll be sure to enjoy it!



CALENDAR OF EVENTS - ROTARY CLUB OF NICOSIA

MONTH	MONTH THEME	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5
APR	Maternal & Child Health		Thu 7- Regular meeting PRESIDENT AWAY	Thu 14- Regular meeting Presentation by Dr Gavrilina on Anti-ageing and pioneering metabolic testing	Thu 21- meeting at Vino Cultura Wine & Tapas Bar 19:30-21:00 Sat 23 – PETS training (St.Raphael Hotel, Limassol)	Thu 28 – NO MEETING (EASTER)
MAY	Youth Service		Thu 5- Regular meeting Sat 7 – “Festival of Love” event with Cafe Nero, Engomi for Hope for Children, 15:00 – 18:00 Sat 7 –Cycling event 14:30-16:15 to raise money for The Rotary Foundation/Polio	Thu 12- General Assembly	Thu 19- meeting at Vino Cultura Wine & Tapas Bar 19:30-21:00 District Conference, the Dead Sea, Jordan 19 – 22 May	Thu 26 – Joint meeting with RC Nicosia – Ledra Guest speaker Sotos Zackheos on the economic and commercial relations of Cyprus and Russia (in English)
JUN	Rotary Fellowships	Thu 2 - Regular meeting - New member induction	Thu 9 - Regular meeting & Board Meeting	Thu 16 - meeting at Vino Cultura Wine & Tapas Bar 19:30-21:00	Thu 23 - Regular meeting PRESIDENT AWAY	Thu 30 - Regular meeting HANDOVER (date to TBC)



Annual RI Theme 2015-2016
President RI Ravi Ravindran

“Use your talents, expertise and leadership to be a gift to the world and your community...”

