

Rotary Club Monthly Bulletin



Issues 6 & 7, December 2021-January 2022

Rotarian Year 2021-2022

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Message from the Club's President

Dear Fellow Rotarians,

I trust my message finds you all good in health. I hope that the new year 2022 has started positively for both you and your families and I do wish a healthy and prosperous year for everyone.

Unfortunately, December and January have not been as active as we wished and planned in terms of Club functions due to the new wave of the coronavirus pandemic which hit Cyprus in December.

Nonetheless, we were lucky to have our Christmas party which started as an initiative of our Club and at the end covered all the Nicosia-based Rotary Clubs. In addition, 40 love-packs worth of 1.000 Euros were donated by our Club to needy families through the Pancyprian Associations of Parents of Secondary and Primary Education. Both activities are presented in the pages that follow.

Despite the restrictions during this new coronavirus wave period, our Club remained active: Important decisions have been made on the community service projects while preparations for the mega fund-raising event of our Club continued.

From March onwards we envisage to go back to normal in terms of activities and functions that will lead us to the end of this rotarian year in June.

Until then, we need everyone to remain close to the Club and support its activities. A number of interesting activities have been already planned and we look forward to having you with us.

With Warm Rotarian Regards,



Yiannis Tomasides Club President 2021-2022

2. Christmas Gala Dinner - 7 December 2021

On the 7th of December 2021 the Nicosia-based Rotary Clubs organized the Annual Christmas Gala Dinner at Occhio Residence. The event started as an initiative from our Club but it was gradually embraced by all Nicosia-based Clubs.

The gala was a great success and well attended by 94 Rotarians and friends. The attendees enjoyed the excellent food of Occhio accompanied with high quality live music by the artists Christos Filippou (keyboard, vocals), Frideriki Tombazou (vocals) and Giorgos Papasolomontos bouzouki.

Special thanks go to **PP Anastasia Orphanou** for her valuable contribution in organizing the event and to **PDDG Iacovos Constantinides** for arranging the excellent band. The Club Administration Team (Rotarians **Stella Savva and Maria Xenophontos**), **PP Demetris Pantazis** and our Treasurer Rotarian **Akis Papachristodoulou** also contributed to the success of the event, and we also thank them very much.









































3. Christmas Love packs- 23rd December 2021

On the 23rd December 2021, 40 "love packs" worth 1000 Euros were delivered, on behalf of our Rotary Club, by our members Rotarians **Panayiota Georgiou** and **Tania Eojourian** to the Pancyprian Associations of Parents of Secondary and Primary (Nursery schools) Education in support of families in need.

The Club wishes to thank **Rot. Panayiota Georgiou** for the idea and for organizing the charity. Also, special thanks to the Director of Club Administration **Rot. Stella Savva** who helped in preparing the packages and **PP Dr. Popi Kanari** for helping acquire goods at a special rate.

The initiative was another action proving that **Rotarians Service Above Self** and made us all very proud! The Parents' association of Akropoli High school, which was among the beneficiaries as part of the Pancyprian Association of Parents of Secondary Education, reverted back with a "Thank you" letter, seen further below.











ZYNAEZMOZ FONEQN AYKEIOY AKPONOAEQZ



Λεωφόρος Ακροπόλεως 10, 2006 Στρόβολος Τηλ. 22498793, Φαξ. 22499029

Date: 09/01/2022

To: Rotary Club Nicosia- Lefkothea

Subject: 'Love Packs' delivered on 23rd of December 2021

Dear Sirs.

On behalf of our parent association, we would like to wish you a happy New Year 2022 and thank Rotary Club and your members for the 'love packs' delivered via our school association on 23rd December 2021.

Your donation is deeply appreciated especially during these difficult and unprecedented times that we are all facing.

Your gesture is kindly blessed and we wish the Rotary Club to continue helping the vulnerable of the community and those in need so generously.

Many thanks again, for your kind and loving gesture!

Sincerely yours,

Angelos Chiromerides

President

Eleni Paraskeva

Secretary

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4. Community Service projects - Updates

As it is known, our Club had shortlisted the following two candidate Community Service Projects for the Rotarian Year 2021-22:

Archbishop Makarios III (Makarion) Children's Hospital:

The aim of the Project to cover the needs of the Intensive Care Unit (ICU) of the Archbishop Makarios III (Makarion) Children's Hospital in terms of essential medical equipment. As it is known, Makarion Hospital is the model children's hospital in Cyprus and serves the most serious and urgent cases from all over Cyprus. Although Makarion hospital is a state institution, the ICU of the hospital is currently facing <u>urgent needs in equipment:</u> A special bed which can weigh the patient on it, a Co-axial ofthalmoscope LED & a Diagnostic otoscope LED, a Vein Detector, a focusable LED lamp for examination and minor surgeries, an Interactive TV and some other training equipment.

Needs' financial value	EUR 19.500
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"ITHAKI" organization:

ITHAKI" (www.ithakicyprus.com) is a Non-Governmental, Non-Profit organization "which offers care to persons diagnosed with some form of dementia as well as psychosocial support to the families of these individuals. The Center, which is open to the whole community, offers day care to patients who are mainly elderly people. The needs of the organization are currently covered by 50% by state sponsorship and by 50% by donations and contributions.

The aim of the Project is to cover the needs of ITAKI for special equipment activating the senses of the patients with beneficial effects on their cognitive behavior. In specific, the equipment concerns the installation of a <u>multisensory-interactive therapeutic and training system</u> which will be installed in their Nicosia premises. This innovative equipment is currently found only in similar institutions abroad.

Needs' financial value	FUR 19 500
inceus illialiciai value	LON 17.300

In its meeting dated the 11th January 2022 our Rotary Club Board, on the basis of its view that both projects deserve to be supported by our Club as it is derived by the Assessment Report prepared by the Community Service Projects Team and acting upon a suggestion by PP Popi Kanari who had previously contacted OPAP and asked for their financial support on both projects, decided that both projects will be equally supported by our Club, as follows:

PROJECT	DONATION BY OPAP	DONATION BY OUR CLUB*	TOTAL VALUE OF SUPPORT
Makarion	10.000 Euros	10.000 Euros	20.000 Euros
ITHAKI	10.000 Euros	10.000 Euros	20.000 Euros

^(*) As a result of the net proceeds from the Art Exhibition Fund Raising event.

With this opportunity, as a Club, we would like to warmheartedly thank:

• The Director of Community Service Projects Committee PP Panicos Nicolaides and his team, the Associate Directors Rot. Rica Poullou and Rot. Maria Saparilla, who devoted time and effort to examine the candidate community service projects for the Rotarian Year 2021-22 and to prepare the respective Assessment report which was acknowledged to be of excellent quality.

The assessment of the ITHAKI project was supported at the field visit level by **PP Demetris Pantazis**, whom we also thank very much.

• The **PP Dr. Popi Kanari** who, acting upon the idea they had with PP Panicos Nicolaides, contacted OPAP so as to obtain their support to both projects. <u>Her efforts were successful since OPAP approved in late January the donation to both projects.</u>

We are really proud for the way our Club assesses and discusses the community service projects proposals and reaches to decisions that benefit our society.

Already the Community Service Projects Committee, which will safeguard the integrity of the procurement process for both projects, is in the process of contacting suppliers of the equipment for submitting their proposals. The deliverable to each organization by our Club will be the equipment itself. The aim is for the equipment to be delivered to each organization in June 2022.

5. Art Exhibition Fund-raising event-Updates

As it is known, the Art Exhibition Fund-raising event themed "In support of life" is co-organized by our Club and the Cyprus Chamber of Fine Arts (E.KA.TE). The net proceeds of the Exhibition will be utilized to support the two Community Service projects decided by our Club for this year.

The preparations are in progress since, from last December the organizing Committee, consisted of our Club and E.KA.TE. representatives, is having weekly online meetings to prepare the event. Our Club is represented in the Committee by President Yiannis Tomasides, PDDG Iacovos Constantinides and PAG Petros Stylianou.

Electricity Authority Cyprus (EAC) will be the main sponsor of the event and will cover most of the organizational and all the communication expenses. Other sponsors are pursued as the aim is the revenues from the sponsorships to exceed all costs adding to the net proceeds of the Art Exhibition.

Fifty per cent (50%) of the selling price of each artwork, which will be determined by the artist him/herself, will be donated in support of the aforementioned causes. The exhibition will receive extensive coverage in the media, both in printed and digital form and there will be a printed catalogue of the exhibition presenting the artwork and the artists.

The Art Exhibition is open to all Cypriot (Greek and Turkish) professional artists. There are no restrictions on the theme of the artworks which will fall in the following art categories: painting, sculpture and printing. The participating works will be selected by a specially appointed committee of E.KA.TE.

The Art Exhibition will run from 6-16 April, 2022 at the EAC head office. The invitation will be distributes soon. As the artworks will cover a wide price range, we seek for your support as Club members, in purchasing an artwork. In this way, you support in a tangible way our Community Service projects.



7. From our Club Board meetings

In this section, the most important matters discussed and decided at our monthly Club Board meetings are presented.

During December our Club Board met on 14th December 2021, with the following key outcome:

ROTARY CLUB NICOSIA-LEFKOTHEA MEETING No. 09/2021 (Date: 14/12/2021)			
MATTERS DISCUSSED	OUTCOME		
Art Exhibition	EKATE agreed to co-organise the Art Exhibition with our Club. The distribution of revenues will be 50:50 between our Club and the artist. Based on past experience, the revenues of this event can reach up to €15.000-€20.000. With regards to the venue, the "Παλιά Ηλεκτρική" is a good choice, as it provides continuous accessibility (especially compared with e.g. a bank's lobby). The duration is estimated between 1-2 weeks, and the collection will include a variety of objects on top of paintings. We estimate that around 70 artists will participate.		
Community Service Projects	The projects "Makarion" vs "Ithaki" should be compared and evaluated. Both organisations are assessed as worth of the envisaged expense by our Club, as their work is deemed as beneficial for the community and of professional standard.		
	The Service Community Projects Committee had spent a lot of time to assess the projects and is close in preparing the Assessment report.		
	An extraordinary Board meeting at the beginning of January will be held in order to take a final decision on the Service project to be selected.		
Charity	Rotarian Panagiota Georgiou presented her idea about a Christmas charity by our Club. Specifically, she suggested that a few ladies of our Club can pepare packages with Christmas gifts to be distributed to needy families. The selection of families will be made from a list available by the Pancyprian Associations of Parents of Middle and Primary Education. A total of 40 families are included in the relevant list. The vouchers and gifts of a total value of €1.000 will be provided by our Club. The suggestion received approval by the Board.		

ROTARY CLUB NICOSIA-LEFKOTHEA MEETING No. 01/2021 (Date: 11/10/2022)		
MATTERS DISCUSSED	OUTCOME (Extracts from the minutes)	
Community Service Projects	 President Yiannis Tomasides expressed his gratitude to the Director of Community Service Projects PP Panicos Nicolaides and his team, the Associate Directors Rotarians Rica Poullou and Maria Saparilla, who devoted time and effort to examine the candidate community service projects for the Rotarian Year 2021-22, as well as to prepare the excellent Assessment report disseminated to the Board. 	
	 PP Panicos Nicolaides pointed out that indeed there was a lot of work put behind the report's preparation with continuous follow-up with the candidate organisations for clarifications. The report explains how each organization will benefit and how from the donation of our Club, without pointing to any specific direction. PP Panicos Nicolaides made a brief presentation of the report's content to the Board. 	
	Both projects deserve to be supported by our Club.	
	 PP Dr. Popi Kanari informed the Board that she already contacted OPAP and suggested for a 20.000 euros sponsorship for both of the projects. This was also an idea from PN. OPAP replied that they will consider the request since the requested amount is not big. If this sponsorship is provided, each project will receive 10.000 euros from OPAP and 10.000 euros from RCNL. She also clarified that both organizations need to apply electronically to OPAP for the sponsorship. 	
	 The Board approved unanimously the suggestion of Dr. Popi Kanari for supporting equally the two service projects with the help of OPAP. 	
	 President Yiannis Tomasides thanked PP Dr. Popi Kanari and PP Panicos Nicolaides for their idea and PP Dr. Popi Kanari for her follow-up actions with OPAP. As a Club President, he expressed his satisfaction and pride for the way our Club discusses opinions and reaches to decisions of such magnitude via mutual respect and understanding and the way our Club, via its actions, benefits the society. 	
Art Exhibition	Electricity Authority Cyprus (EAC) head office has been selected as the venue of the event, which was preferred over Hellenic Bank's auditorium. Both places have been visited in person by an EKATE representative before concluding to a decision. EAC will cover most of the expenses of the event (venue, advertisement, other operational costs) except from the €3.000 which will be charged by EKATE for its services (3 persons x 1.000 Euros); a sponsorship will be pursued to cover these costs to. Our aim is that revenues from the	

	sponsorship exceed the costs adding to the profits of the Art Exhibition. Sponsorships eliminate any risk for the Club and all sales will contribute to income for the Club.
	The price of paintings will greatly vary, making them appealing to all sort of budgets. The Board agreed that the Club to suggest to EKATE representatives who will be inviting the artists to ensure that there is a good spread of the artworks regarding their prices with the majority being in the range of 600-800 Euros as the prolonged pandemic crisis impacts the financials of the Public. The President asked the support of all the Board members in promoting the exhibition and the Board members committed to this.
Other matters	Our Club voted for the District Governor 2024-25 . Our Club had two votes, due to the number of members. After the electronic voting of our Club run between 8-10 January 2022, our Club voted PP Hussain Al Jaziri of Rotary Club Jumeirah-Dubai, UAE, as the District Governor-nominee-designate RY 2024-2025. The financial position of our Club as at 31st December 2021 and relevant information for the period 01/07-31/12/2021 was distributed to the Club members for transparency purposes.

7. Upcoming events (February, March, April)

The following activities have been planned for February:



Online lecture with the Clinical Dietician/ Clinical Nutritionist, Mrs. Maria Herodotou.

Time: 7:30 PM.



την Τρίτη, 22 Φεβρουαρίου 2022 και ώρα 7:00 μ.μ.

με φιλοξενούμενη ομιλήτρια την

Κλινικη Διαιτολόγο & Κλινική Διατροφολόγο

Μαρία Ηροδότου

Ms, RD (USA), Member of CYDNA

με θέμα:

«Σωστή διατροφή και άσκηση ως μέσο ενίσχυσης του ανοσοποιητικού μας συστήματος»

Η διάλεξη θα είναι στην ελληνική γλώσσα.



https://us02web.zoom.us/j/82177195468

ZOOM Meeting ID: 821 7719 5468

Π.Α. μέχρι την Δευτέρα 21 Φεβρουαρίου 2022 στο email g.thucydides@googlemail.com



The following activities have been planned for **March**:

Tue

Club's Board meeting. Online via ZOOM.

Time: 6:30 PM.

Tue

Co-organized event with JCI on entrepreneurship with Alexis Pantazis and Emilios Markou, co-founders of Hellas Direct.

Venue & Time: To be announced.

Tue 29

Fellowship

Venue: To be announced

Time: 7:00 PM.

The following activities have been planned for April:

Wed 06

Opening of the Fund-raising Art Exhibition.

Venue: EAC Head office. Time: To be announced

Sat 16

Event on preserved species with BirdLife Cyprus followed by walk in a nature trail in Pera Orinis.

Time: To be announced.