



## Περίληψη Συνεστίασης

### Δευτέρα 31 Αυγούστου 2009

- Στην Συνεστίαση παρευρέθησαν 32 μέλη του Ομίλου μας.
- Η Συνάντηση άρχισε με προσευχή από τον Sergeant-at-Arms Ροτ. Νικόλα Γεωργιάδη.

#### Καλωσόρισμα

- Ο Πρόεδρος καλωσορίζοντας όλους τους παρόντες Ροταριανούς εξέφρασε την ελπίδα ότι είχαν καλές Θερινές Διακοπές και ευχήθηκε σε όλους μια καινούργια αρχή.

#### Ανακοινώσεις

1. Την συνεστίαση προέδρευσε ο Πρόεδρος Γλαύκος Γεωργίου στην Πέμπτη συνέδρια του Ροταριανού Έτους (2009-2010).
2. Έγινε την Τετάρτη 26.8.09 στο κοιμητήριο Κωνσταντίνου & Ελένης η κηδεία της μητέρας του Αντιπροέδρου μας ροταριανού Πόλυ Μιχαηλίδη και πεθεράς του πρώην προέδρου Γιώργου Ψημολοφίτη. Ο Όμιλος μας εισέφερε το ποσό των 50 ευρώ εις μνήμη της κας Μιχαηλίδου για την ενίσχυση του ταμείου του Ραδιομαραθωνίου. Ο Θεός να αναπαύσει την ψυχή της.



- RIP (Rotary Int'l President): John Kenny
- DG (District Governor): Nijad Al Atassi

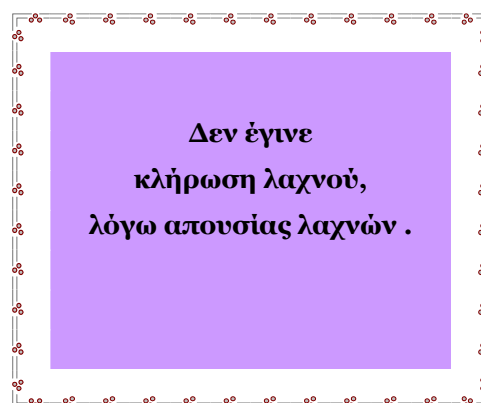
3. Ο Πρόεδρος έκανε σύντομη αναφορά δια το Διορισμό σε Διοικητικά Συμβούλια Ημικρατικών Οργανισμών των δυο μελών μας. Ροταριανό Στάθη Κιττή – ΑΤΗΚ (Πρόεδρος) Ροταριανό Ξένιο Ξενόπουλο – Αρχή Αδειών (Πρόεδρος).

4. Ο Πρόεδρος αναφέρθηκε στη ρύθμιση / μέθοδο εισόδου και εξόδου από το χώρο στάθμευσης του Hilton, ήτοι :- Εισερχόμενο το Ροταριανό μέλος στο χώρο στάθμευσης παίρνει την κάρτα την οποία μεταφέρει στην συνάντηση / γεύμα. Κατά την λήξη της συνεστίασης, περνώντας από την έξοδο του εστιατορίου Φοντάνα παρουσιάζει την κάρτα του στο γκαρσόνι/α ο οποίος/α την ακυρώνει. Ακολούθως το αργότερο σε 15 λεπτά πρέπει να εξέλθει από το χώρο στάθμευσης, τοποθετώντας την κάρτα στον αποδέκτη εξόδου. (Αλλιώς πρέπει να ξανά επιστρέψει στο γκαρσόνι/α για να ξανά ακύρωση την κάρτα ή να πληρώσει στον αποδέκτη εξόδου....).

5. Ο Όμιλος μας στα πλαίσια των δραστηριοτήτων των επιτροπών Club Administration/ Fellowship Activities και Service Projects/ fund raising for service projects, διοργανώνει την Δευτέρα 28.9.09 «Βραδιά Λευκοθέα» στους όμορφους κήπους του Eleon Leisure Park. Η νύχτα προσφέρεται για περαιτέρω σύσφιξη των σχέσεων μεταξύ των μελών μας και την οικονομική ενίσχυση του ταμείου του Ομίλου μας αφού για κάθε εισιτήριο ο Όμιλος μας επωφελείται το καθαρό ποσό των 10€. Κατόπιν της ευγενικής εισφοράς της εταιρίας Eleon Leisure park προς το ταμείο μας για την ενίσχυση των συνδέσμων Σπαστικών παιδιών και παιδιών με μυϊκή δυστροφία, το κόστος του δείπνου παραχωρήθηκε στα 20 €.

Συνέχεια...

Στην έκδοση αυτή	Σελ.
Περίληψη Συνεστίασης	1
Συνέχεια Περίληψης Συνεστίασης/ Rotary Youth & Educational Programs	2
- Public Relations Plan - Τριμηνιαίο Πρόγραμμα Ομίλου - Γενέθλια, Ονομαστικές Γιορτές, Επέτειοι	3
Παρουσίες Μελών Ομίλου	4
Rotary International News	5
2009-2010 Club Committee Plan	6



# Συνέχεια Περίληψης Συνεστίασης / Rotary Youth & Educational Programs

Η κανονική τιμή του δείτνου με απεριόριστο Κυπριακό ποτό ανέρχεται στα 34 ευρώ ενώ η τιμή του εισιτηρίου έχει καθοριστεί από τον όμιλο μας στα 30 ευρώ.

Επιπρόσθετα, θεωρούμε τη βραδιά Λευκοθέα ευκαιρία να προσκαλέσουμε και φιλικά μας πρόσωπα τα οποία θα έχουν την ευκαιρία να γνωρίσουν από κοντά τον όμιλο μας και παράλληλα αν επιθυμούν αγοράζοντας λαχνούς για την κλήρωση δώρων να ενισχύσουν και αυτοί το ταμείο μας. Η διάθεση των εισιτηρίων άρχισε από σήμερα και παρακαλώ αποταθείτε στην Ταμία του ομίλου μας ροταριανή Κάτια Παπανικολάου ή το Γραμματέα Νίκο Μιχαηλίδη .

Θα γίνει προσπάθεια για να προσεγγιστούν χορηγοί για δώρα τα οποία θα κληρωθούν.

6.Ο Πρόεδρος κοινοποίησε ότι μας έχει σταλεί το δεύτερο μηνιαίο γράμμα του Κυβερνήτη Governors letter Ιούλιος 2009 το οποίο περιέχει διάφορα θέματα του Ρόταρν της περιφέρειας μας με αρκετό φωτογραφικό υλικό πρόσθεσε ότι αυτή την φορά το γράμμα στάλθηκε μόνο σε χαρτί το οποίο έχει μαζί του αν κάποιος μέλος επιθυμεί να το διαβάσει.

7. Ο πρόεδρος με μεγάλο χαρά ανακοίνωσε στα παρευρισκόμενα μέλη ότι ο District Governor Nijad Al Atassi έχει εγκρίνει το Matching Grant δια \$4.000,00 (που αφορά το SOLAR PROJECT).

8. Παρακαλώ όλα τα Μέλη όπως διευθετήσουν άμεσα την πληρωμή της ετήσιας συνδρομής τους η οποία παραμένει χωρίς μεταβολή για τρίτη συνεχόμενη χρονιά στα €205. Η άμεση διευθέτηση της συνδρομής θα βοηθήσει τα μέγιστα στον ορθό προγραμματισμό των έργων του Ομίλου μας.

## ΠΡΟΓΡΑΜΜΑ

- Το πρόγραμμα της συνεστίασης που ήταν η ομιλία του Ροταριανού Φαντινού Χ΄ Μιτσιή υπεύθυνου του Official Training Team ακυρώθηκε λόγω προσωπικού του κωλύματος.



Rotarian Robert Hall greets children who will be vaccinated against polio during a National Immunization Day. Moradabad, India. *Photo by Alyce Henson / Rotary Images.*

## • **Youth Programs**

Thousands of people age 30 and younger participate in Rotary programs to learn skills that will help them become future leaders.

Youth programs allow participants to discover more about themselves and the world by participating in community projects, leadership training, or cultural exchanges. Young people also learn about the principles of ethics, service, and fellowship that Rotarians exemplify.



Counselor Carole Berry of the Rotary Club of Mississauga-Airport, Ontario, Canada, gives tips on journaling to International RYLA participants. *Photo by Alyce Henson / Rotary Images.*

## • **Educational Programs**

Rotary's educational programs promote international understanding by bringing together people from different countries and cultures

Rotary Foundation Ambassadorial Scholarships is the world's largest privately funded scholarship program. While students in Rotary's peace programs learn conflict resolution skills.

Learn more about how you can get involved



Rotary World Peace Fellows learn Arabic at Duke University. Durham, North Carolina, USA. *Photo by Monika Lozinska-Lee /*

# Public Relations Plan

## Public Relations Plan

### Main target:

To get more citizens aware, especially those who leave in Nicosia area, about our club, and our activities. What is Rotary, who are the Rotarians, what does Rotary do. Specifically, we should try to overcome and to clarify a misunderstanding and a misperception that runs across a lot of people in Cyprus that Rotary is a kind of a "sect" (heresy). This is a quite negative approach from a lot of people in Cyprus that affects the expansion, the role and the function of our club and our organization in general, especially in Cyprus a country with citizens that have very strong bonds to their religion. Also, we should seek and aim to expose and to promote most of our major activities, through the media (local and national).

### Use of media:

In our days the use of media, especially electronic media, is a very powerful, important and effective tool (and vehicle) in order to promote and to inform the public about our organizations and our club's activities. We are listing below some of our initial suggestions regarding the promotion of our club's activities through the media:

- Prepare and send press (news) releases to all media (electronic and printed) regarding our major activities.
- Arrange the participation of our President and/or other Board members to various local radio programs, in order to speak and to explain the role, the function and the importance of our organization and especially our Nicosia-Lefkothea club.
- Inform the media (especially some "key" media

persons and journalists) but also the public, in general, about our official web-side, so they can visit it and get the appropriate information. They could also have a link to our weekly electronic bulletin in order to follow our meeting activities and other general activities and projects of our club.

### Events that could be attractive to the media:

We should organize specific events that are attractive both to the media and to the general public.

Such events could be "tea - afternoons", dinners, special "theme" nights, or special nights (parties) at a local night club (such event could be also attractive to younger people). We can also organize special events like a Christmas Gala dinner, a Carnival dance dinner, a Saint Valentine's Day special dinner, an Easter lunch day, out in the fields, with the traditional lamb "suvla", etc. We can invite one or two notable, expert speakers (according to specific subjects and fields) well known Doctor, or a well known media personality, to give a speech thus, organizing an event open to the general public. For all these events and activities we can always collaborate with other local clubs.

### Local government officials:

We could arrange meetings of our Board Members with high positioned local government officials in order to inform them about our activities, our efforts to support and to help the society through our charity activities and events and to make them aware about our existence and our function, especially in the district of Nicosia. Such meetings will be largely covered by the media.

## 2. Anniversary Publication

The club's public relations committee is finishing a glossy publication about the «20 years of Service To The Community» of the Rotary Club of Nicosia-Lefkothea. Research, text and lay out by PP Christodoulos Achilleoudis.

The features of this luxury booklet are the following:-

Foreword  
Members of the Board  
Founding of the Club  
Naming of the Club  
Banner of the Club  
Founder Members of the Club  
The First Board Members 1987-1988 and cards of the Club  
Paul Harris Fellows 1987-1988 - 2007-2008  
Inner Wheel  
Rotaract  
Interact  
Twinning with Nea Smyrni  
Twinning with Sahel Metn  
Sponsoring the New Rotary Club Nicosia-Salamis  
Presidents of the Club 1987-1988 - 2007-2008  
Main Activities 1987-1988 - 2007-2008  
Members of the Club 2007-2008  
Members of the Club 2007-2008 individually  
Club Committees 2007-2008  
Attendance since 20 years  
In Memoriam  
Objects of Rotary  
Declaration of Rotarians in Businesses and Professions  
The 4-Way Test

The booklet will be sold to all members and also be distributed to a large number of individuals, head of large corporations, senior civil servants, University community, Chamber of Commerce, Employers Organizations, professional bodies and institutions, etc, with the aim of promoting the Rotary Principles and Ideals.

## Τριμηνιαίο Πρόγραμμα Ομίλου

Ιούλιος 2009	Αύγουστος 2009	Σεπτέμβριος 2009
6 <sup>η</sup> Ομιλία από την κ. Φοίβη Κατσούρη η οποία θα μιλήσει με θέμα <b>“Διακοπές Ειδικού Ενδιαφέροντος στην Κύπρο”</b>	3 <sup>η</sup> Ακύρωση Συνάντησης λόγω <b>Καλοκαιριών Διακοπών</b>	7 <sup>η</sup> Κανονική Συνάντηση — Παρουσίαση του πλάνου της νέας χρονιάς των Ροταράκτορς από τον Πρόεδρο Ρόταρακτ Λευκωσία Λευκοθέα Μάρκο Ζαμπάρτα
13 <sup>η</sup> <b>“Members Profile”</b> με τη Ρίκα Πούλλου & Ροταριανές Εργασίες	10 <sup>η</sup> Ακύρωση Συνάντησης λόγω <b>Καλοκαιριών Διακοπών</b>	14 <sup>η</sup> Κανονική Συνάντηση— <b>“Members Profile”</b> με τη Ρίκα Πούλλου & Ροταριανές Εργασίες
20 <sup>η</sup> Ομιλία από τον κ. Christophe Girod μέλος της ερευνητικής επιτροπής για τους αγνοούμενους της Τουρκικής εισβολής του 1974.	17 <sup>η</sup> Ακύρωση Συνάντησης λόγω <b>Καλοκαιριών Διακοπών</b>	21 <sup>η</sup> Κανονική Συνάντηση—Νυχτερινή συνάντηση <b>Fellowship Barbeque Casual Night</b> με Inner Wheel και Rotaractors
27 <sup>η</sup> <b>Κανονική Συνάντηση - Αναβάλλεται</b> η Καλοκαιρινή Βραδιά στο Marco Polo Restaurant μαζί με Inner Wheel and Rotaract Club Nicosia Lefkothea.	24 <sup>η</sup> Ακύρωση Συνάντησης λόγω <b>Καλοκαιριών Διακοπών</b>	28 <sup>η</sup> Κανονική Συνάντηση—Ομιλία με θέμα <b>“Δια Βίον Μάθηση”</b>
31 <sup>η</sup> Κανονική Συνάντηση—Εκπαιδευτική ομιλία <b>“Membership Development”</b> από την Ομάδα Εκπαιδευτών του Ρόταρβ στην Κύπρο		

## Γενέθλια, Ονομαστικές Γιορτές & Επέτειοι

Γενέθλια	Ονομαστικές Γιορτές	Επέτειοι Γάμων
<ul style="list-style-type: none"><li>• Αλέκος Μαυρίκιος 01/08</li><li>• Χαράλαμπος Κουζάλης 23/08</li><li>• Νίκος Φιλίππου 24/08</li><li>• Αυγή (Μυλωνά) Χριστού 25/08</li><li>• Σώτος Ιακωβίδης 27/08</li></ul> 	<ul style="list-style-type: none"><li>• Σώτος Ιακωβίδης 06/08</li><li>• Τίτος Μουσικής 25/08</li><li>• Αλέκος Μαυρίκιος 30/08</li></ul> 	<ul style="list-style-type: none"><li>• Κύπρος Ιακωβίδης 15/08 με Αγγέλα</li><li>• Σοφοκλής Χριστοδούλου 16/08 με Ευανθία</li><li>• Πόπη Κανάρη 19/08 με Τάκη</li><li>• Χρίστος Κληρίδης 26/08 με Νάνση</li><li>• Νίκος Μιχαηλίδης 27/08 με Λίλη</li><li>• Σάββας Σαββίδης 28/08 με Λένα</li><li>• Κυριάκος Ιεροδιακόνου 29/08 με Εύη</li><li>• Ροδούλα Χ' Κυριάκου 30/08 με Μιχάλη</li><li>• Γιάννης Κυπρίη 30/08 με Άντρη</li></ul> 

# Παρουσίες Μελών Ομίλου

August/09		ATTENDANCE					Meetings:		5	
MEMBERS		3/Aug	10/Aug	17/Aug	24/Aug	31/Aug	CARDS TOTAL	Monthly %	YTD %	
1	Achilleoudis Christodoulos	1	1	1	1	1	5	100.0%	100.0%	
2	Agrotis Charalambos						0	0.0%	0.0%	
3	Agrotis Stavros	1	1	1	1	1	5	100.0%	62.5%	
4	Andreou Peter	1	1	1	1	1	5	100.0%	50.0%	
5	Christodoulou Sophocles						0	0.0%	0.0%	
6	Christoforides Pericles	1	1	1	1	1	5	100.0%	62.5%	
7	Christou Mylona Avgi						0	0.0%	0.0%	
8	Constantinides Iacovos	1	1	1	1	1	5	100.0%	75.0%	
9	Constantinou Paris						0	0.0%	0.0%	
10	Costa Mikis						0	0.0%	0.0%	
11	Costeas Aristides	1	1	1	1	1	5	100.0%	62.5%	
12	Emilianides Constantinos	1	1	1	1	1	5	100.0%	100.0%	
13	Epaminondas Neofytos						0	0.0%	0.0%	
14	Georgallis Costas	1	1	1	1	1	5	100.0%	62.5%	
15	Georgiades Nicolas	1	1	1	1	1	5	100.0%	62.5%	
16	Georgiou Glafkos	1	1	1	1	1	5	100.0%	100.0%	
17	Gregoriou Andreas	1	1	1	1	1	5	100.0%	50.0%	
18	Hadjikyriacou Rodoulla						0	0.0%	0.0%	
19	Ierodiaconou Kyriacos	1	1	1	1	1	5	100.0%	62.5%	
20	Jacovides Kypros	1	1	1	1	1	5	100.0%	62.5%	
21	Jacovides Sotos						0	0.0%	25.0%	
22	Kanari Popi (Ms)						0	0.0%	0.0%	
23	Karis Phidias	1	1	1	1	1	5	100.0%	62.5%	
24	Kittis Stathis						0	0.0%	50.0%	
25	Klerides Takis	1	1	1	1	1	5	100.0%	50.0%	
26	Koufaris George						0	0.0%	0.0%	
27	Koumenides Andreas	1	1	1	1	1	5	100.0%	75.0%	
28	Koumoullis George						0	0.0%	25.0%	
29	Koutselini - Ioannidou Mary (Ms)	1	1	1	1	1	5	100.0%	62.5%	
30	Kouzalis Charalambos	1	1	1	1	1	5	100.0%	75.0%	
31	Markides Loizos	1	1	1	1	1	5	100.0%	62.5%	
32	Mavrikios Alecos						0	0.0%	25.0%	
33	Michaelides Christos						0	0.0%	0.0%	
34	Michaelides Dimitris	1	1	1	1	1	5	100.0%	50.0%	
35	Michaelides Nicos	1	1	1	1	1	5	100.0%	87.5%	
36	Michaelides Polis	1	1	1	1	1	5	100.0%	62.5%	
37	Mouskis Titos						0	0.0%	0.0%	
38	Natar Victoria (Ms)	1	1	1	1	1	5	100.0%	75.0%	
39	Nicolaides Panicos						0	0.0%	0.0%	
40	Papanicolaou Katerina						0	0.0%	37.5%	
41	Pattihis Loukis	1	1	1	1	1	5	100.0%	62.5%	
42	Philippou Christos	1	1	1	1	1	5	100.0%	75.0%	
43	Philippou Nicolaos	1	1	1	1	1	5	100.0%	75.0%	
44	Potamitis George						0	0.0%	0.0%	
45	Poullou Kyriaki						0	0.0%	12.5%	
46	Psimolophitis George	1	1	1	1	1	5	100.0%	87.5%	
47	Roussias George						0	0.0%	12.5%	
48	Roussos Yiannis						0	0.0%	0.0%	
49	Savvides Savvas						0	0.0%	25.0%	
50	Siman Paul	1	1	1	1	1	5	100.0%	75.0%	
51	Stylianou Th. Petros	1	1	1	1	1	5	100.0%	62.5%	
52	Stylianou N. Petros	1	1	1	1	1	5	100.0%	50.0%	
53	Tanousis Emilios	1	1	1	1	1	5	100.0%	87.5%	
54	Taoushanis Takis	1	1	1	1	1	5	100.0%	87.5%	
55	Theophanous Stelios						0	0.0%	0.0%	
56	Tsangarides Demetris						0	0.0%	0.0%	
57	Xenopoulos Xenios	1	1	1	1	1	5	100.0%	87.5%	
58	Zachariades Petros						0	0.0%	12.5%	
59	Zyngas George						0	0.0%	0.0%	
		33	33	33	33	33	0	165	55.9%	43.2%



## Lessons from the field: Pointers from a 3-H project in Uganda

**P**overty. Illiteracy. Hunger. Disease. Tackling any one of these issues can be daunting — undertaking all of them can be overwhelming. But with help from a Health, Hunger and Humanity (3-H) Grant from The Rotary Foundation, the Rotary clubs of Muyenga, Uganda, and Genk-Noord, Belgium, are doing just that in one Ugandan village.

In January, the clubs officially launched a multiyear project in Kasamu-Kyali parish in Uganda's Mpigi District. Funded by a 3-H grant of US\$227,508 and contributions of \$38,400, the project will improve the lives of 4,000 villagers by providing treated mosquito nets; agricultural supplies and livestock; vocational training and equipment, including sewing machines; water boreholes and pumps; and educational materials and uniforms.

For clubs considering such a large project, coordinators Marc Molemans, of the Genk-Noord club, and Francis Mukasa, of the Muyenga club, share some of the lessons they've learned.

**Planning** Include villagers in meetings early on to identify specific goals and gain support. "The community wanted to fight malaria, to raise goats and not pigs, and to provide free schooling for orphans," Mukasa says.

**Communication** The clubs had already worked together on several Matching Grant projects. "A solid foundation and regular e-mail communication made our work easier," Molemans says.

Both men agree that working with the Foundation's 3-H grant coordinator (every grant is assigned one) was invaluable. "She drew our attention to points we had overlooked and made us find answers to questions we hadn't considered," Mukasa says.

**Sustainability** The organizers formed partnerships with Heifer International, Uganda's Ministry of Health, and the Mpigi district and town councils, which pledged to support the project after it



Clubs in Belgium and Uganda are together bringing health and bounty to impoverished villagers.

officially ends. Not all of them could provide resources, but their support gives the project credibility, Mukasa says.

**Rotary Community Corps** "What really worked well for us was forming subcommittees in the RCC," Mukasa says. Each of 10 subcommittees oversaw a different aspect of the project, including finance, livestock, and water distribution.

**Budgeting** One of the most challenging aspects of the project was budgeting. "You tend to forget the details when you're budgeting for a big project like this," Mukasa says. For example, they included 10 sewing machines in their budget, but not chairs to sit on.

Before you submit your budget, Mukasa recommends visiting the project site with an expert in the field, if possible, who can help you identify any omissions.

### ROTA STAT

<b>6.6 percent</b>	Infant mortality rate in Uganda
<b>20 percent</b>	Children under five in Uganda who are moderately or severely underweight
<b>20.5 percent</b>	Children in Kasamu-Kyali parish who are malnourished
<b>260 per 100,000 people</b>	Malaria prevalence rate in Uganda
<b>350 per 1,000 people</b>	Annual malaria incidence rate (including people afflicted multiple times) in Kasamu-Kyali parish
<b>40 percent</b>	Infant deaths in Kasamu-Kyali parish attributable to malaria
<b>US\$340</b>	Per capita annual income in Uganda
<b>US\$179</b>	Per capita annual income in Kasamu-Kyali parish

Sources: CIA World Factbook; Mpigi Town Council, Uganda; UNICEF; World Bank



Corbett Parker (first row, kneeling) and members of the Rotary Club of Houston Skyline, Texas, USA, pitch in on the club's Habitat for Humanity day.

## Former scholar starts young, diverse club

Just two years after completing his Rotary Foundation Ambassadorial Scholarship, Corbett Parker, 28, started the diverse Rotary Club of Houston Skyline, Texas, USA.

Parker, who studied in the Netherlands in 2005-06, has long identified with Rotary. "I believe that knowledge calls, ultimately, for a life of service," he says.

After completing law school, Parker took a job as an attorney in downtown Houston, an area underserved by Rotary. When he talked with local Rotarians to see how he could keep Rotary in his life, he saw an opportunity: Bring Rotary back to Houston's downtown area, and attract young professionals who work there.

**"To have more Rotarians like Corbett would be a district governor's dream come true."**

Rhonda Kennedy

Chartered in June 2008, the club now has 32 members, who range in age from 23 to 50 and include Latin and African

Americans as well as immigrants from Africa, Eastern and Western Europe, and South America. Five Foundation alumni, including Past District Governor D'Lisa Simmons, also have joined.

Parker, the club's charter president, brings a fresh approach to Rotary club meetings, which take place over cocktails in the evening to accommodate members' work schedules. Club members under age 35 pay lower club dues. Outside meetings, fellowship continues through text messaging and social networking Web sites like Facebook and LinkedIn.

For Parker, Rotary club meetings mean more than a meal and guest speakers. "We get together and talk about each other's lives and how we can go out and make a difference together in a profound way," he says. The club's service projects include collaborating with the local Habitat for Humanity chapter.

"Corbett is one of those Rotarians who knows what needs to be done and just does it — without having to ask him," says Rhonda Kennedy, past governor of District 5890. "To have more Rotarians like Corbett would be a district governor's dream come true."

## WORTH REPEATING

"Not every Rotarian realizes that every dollar, pound, yen, and euro in our Foundation's accounts comes from voluntary donations. None of it — absolutely none — comes from dues."

— Glenn E. Estess Sr., 2009-10 Rotary Foundation trustee chair, at the 2009 International Assembly in San Diego, California, USA

## Food technologist Alex Buchanan receives Foundation's highest alumni honor

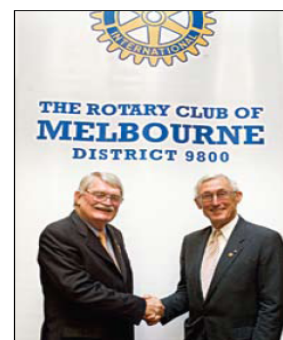
Alex Buchanan says that knowing he has helped nourish millions of children in developing countries gives him "a pretty good feeling." A food technologist and member of the Rotary Club of Melbourne, Victoria, Australia, Buchanan, 75, created the high-protein Australian milk biscuit and the high-energy biscuit, which are staples of his country's international food aid.

While he was with the Australian Department of Foreign Affairs (now the Department of Foreign Affairs and Trade), Buchanan also developed an affordable infant food made from rice and soy flour that is commercially produced in Thailand. Earlier this year, he was appointed a Member of the Order of Australia for his service to food science and technology, and to the community.

For these and many other accomplishments, The Rotary Foundation presented Buchanan with the 2008-09 Global Alumni Service to Humanity Award. He accepted the award at the 2009 RI Convention in Birmingham, England, saying that he was "surprised and delighted" when first notified of the honor.

The Global Alumni Service to Humanity Award was created to honor outstanding former Foundation program participants whose extraordinary service to humanity and professional achievements exemplify the Rotary ideal of Service Above Self.

Buchanan's connection with Rotary



Alex Buchanan (right) with 2008-09 Regional Rotary Foundation Coordinator Don Jago, who nominated Buchanan for the Global Alumni Service to Humanity Award.

began when he was a 1959-60 Ambassadorial Scholar at Iowa State University in the United States. He has since helped obtain Foundation Matching Grants on behalf of the Melbourne club for service projects in Cambodia, the Democratic Republic of Timor-Leste, and India. A Paul Harris Fellow, he has also worked closely with Past RI President Royce Abbey in establishing the Royce and Jean Abbey Endowment Fund through The Rotary Foundation, which has provided scholarships to 10 students from developing countries for agricultural training in Australia since 2001.

"I was drawn to Rotary because it changed my life with the opportunity to work, travel, and study," Buchanan says.

# 2009 - 2010 Committee Plan

